**1. Background Information**

Developed in 2014, Kiwi Squash is a Squash New Zealand branded junior programme that clubs and schools can run, aimed at engaging primary (Small Nix 5-8yrs) and intermediate (9-12yrs) school-aged children in squash-based activities. Kiwi Squash is delivered collaboratively by teachers, qualified coaches and club volunteers, creating strong and healthy communities with links between schools and local clubs and using world-leading coaching resources.

The programme involves purchasing equipment, printing materials and contracting coaches and/or volunteers to deliver the prescribed 8 week programme to targeted schools. Each individual session consists of skill development, technique, general movement and coordination activities and games for students. At the end of the 8 weeks, students and staff are provided with resources for ongoing participation at the school level and will be advised of any community club opportunities. Should they wish, schools can also purchase their own equipment and can run the programme each year thereafter.

**2. Purpose of Project**

This project is about building strong and healthy squash communities and will be achieved through Squash District assisting Squash Club(s) and School to establish Kiwi Squash programmes in [region] to ensure that as many young New Zealanders are introduced to the game of squash in a fun, inclusive and welcoming environment at either a squash club or school using appropriate equipment. Currently there are [number] junior squash players in the [region]. Research shows that school-aged participation in squash is declining whilst a number of young people never been exposed to the sport, let alone know of where their nearest squash club is. As a result, striking skills are often not as well developed in children as more focus if generally placed on large ball skills and sports. Therefore, Kiwi Squash was created as a sound fundamental skills programme, with some squash added, so that participants learn these basic skills; and to better prepare participants to transition to traditional club based programmes. This project is the first entry point into the overall sporting pathway for many young players and is crucial for fostering a lifelong love for sport.

**3. Project Details**

**Kiwi Squash Small Nix**

Will be delivered in the School by the teachers who will be trained by [Name] in the Squash New Zealand Primary/Intermediate Module 5 and then supported over 3 sessions or until they are confident to independently deliver the programme. The programme will be offered to students in years 1-4 over a period of 8 weeks.

[Number] classes will be offered this programme and at the conclusion of the programme will be invited to the [Club] with their families to practice what they have learnt and give squash a go on a real squash court.

All parents will receive information on the programme and students will receive certificates. Further opportunities to partake in programmes at the club will be offered to interested families and teachers.

The school will purchase the Small Nix equipment kit allowing them to continue offering the programme to their students.

**Kiwi Squash Big Nix**

Will be delivered at the [Club] each week for 8 weeks every [Day] at [Time] with each session lasting [Minutes]. [Number] students will be offered this programme costing them $[Amount] per session, equating to $[Amount] per term. The school will arrange getting the students to the [Club] by [Time] each week.

[Name of coach, volunteer, teacher] will deliver the programme and will be trained by [Name] in the Squash New Zealand Primary/Intermediate Module 5 and supported over 3 sessions or until they are confident to independently deliver the programme.

The students will partake in a tournament at the conclusion of the 8 weeks where they can practice their newly acquired skills.

All parents will receive information on the programme and students will receive certificates. Further opportunities to partake in programmes at the club will be offered to interested families and teachers.

The [Club] will purchase the Big Nix equipment kit and lend to the school for use at the courts each week of the programme.

**4. Project Stakeholders and Roles**

**The Squash District shall:**

* Arrange an initial meeting for all key stakeholders to attend and discuss the project.
* In conjunction with the Squash Club(s) and School, complete the Kiwi Squash Programme plan.
* In conjunction with the Squash Club(s), provide electronic copies of the following promotional materials to the school for distribution to students and staff.
  + Parent Info Brochure
  + 3x newsletter inserts
  + Programme poster
  + Club flyers
  + Kiwi Squash certificates
  + Teacher feedback form
  + Student survey form
* Organise and communicate the details of the teacher training sessions at least two weeks before the programme commences.
* Deliver teacher training to all participating staff and club volunteers.
* In conjunction with the Squash Club(s), provide support to all participating staff members to run the first three sessions to enable the teacher to run the remaining sessions independently.

**The Squash Club(s) shall:**

* In conjunction with the Squash District and School, complete the Kiwi Squash Programme plan.
* In conjunction with the Squash District, provide electronic copies of the following promotional materials to the school for distribution to students and staff.
  + Parent Info Brochure
  + 3x newsletter inserts
  + Programme poster
  + Club flyers
  + Kiwi Squash certificates
  + Teacher feedback form
  + Student survey form
* Loan the Kiwi Squash Big Nix equipment kit to School for the first programme.
* Provide School with an electronic copy of the Parent Info Brochure, School Info Brochure and programme poster.
* Print copies of the programme poster and display in the club.
* Promote the teacher training module to all club volunteers.
* In conjunction with the Squash District, provide support to all participating staff members to run the first three sessions to enable the teacher to run the remaining sessions independently.
* Provide an opportunity for the teachers to attend at least one session at the club by way of a programme or activity.

**The School shall:**

* In conjunction with the Squash District and Squash Club(s), complete the Kiwi Squash Programme plan.
* Purchase a Kiwi Squash Small Nix equipment kit for the School.
* Print copies of the School Info Brochure and display in the staff room.
* Print copies of the programme poster and display in the school hall and all participating classes.
* Promote teacher training module to all participating staff members.
* Publish 3x inserts into the school newsletter at the start, middle and end of the programme.
* Print and distribute copies of the Parent Info Brochure to all participating students to take home with newsletter insert 1.
* Arrange photos of sessions to include in the school newsletter and on the website, after obtaining parent permission.
* Print and distribute copies of the programme update and photos to all participating students to take home with newsletter insert 2.
* Print and distribute copies of the club flyers to all participating students to take home with newsletter insert 3.
* Print copies of the Kiwi Squash certificates for all participating students.
* Ensure Teacher feedback forms and Student survey forms are completed by all participating teachers and students and sent to the Squash District within 30 days of the programme conclusion.

**5. Project Objectives**

* Increase the number of school-aged children participating in organised sport.
* Increase the availability and accessibility of sport opportunities for all school-aged children.
* Support children to develop skills that will enable them to participate confidently in sport.
* Create a strong link between school and club ensuring more opportunities for children, their parents / caregivers and teachers.

**6. Project Outcomes**

* There is a measurable increase in the number of junior squash members at [club].
* There is a measurable increase in the number of adult squash members at [club].
* There is a measurable increase in the number of trained squash coaches and volunteers in [region].

**7. Project Resources**

* Equipment order form
* Kiwi Squash equipment kits
* Funding information
* Parent Info Brochure
* School Info Brochure
* Programme Poster
* Kiwi Squash Certificates
* Squash New Zealand Primary/Intermediate Module 5
* Club flyers
* Newsletter inserts x3
* Teacher feedback form
* Student survey form

**8. Project Summary**

* Delivery of Kiwi Squash sessions to [number] students x 8 sessions each.
* Provision of coach training to [number] coaches, teachers and volunteers.
* Increased awareness of the sport of squash throughout the [region].

**9. Schedule template: Small Nix**

Term [x], [School Name], Kiwi Squash [Year]

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **School** | **Classes** | **Setting(s)** | **Timing** | **Teacher Training** | **Club link or involvement** |
| *Name and location* | *Target year level(s) and number of/per class* | *Curriculum, after school, lunch time* | *Term and week numbers, day and time* | *Week number, day and time, Facilitator and support person* | *Club name and follow-up activity offer* |
|  |  |  |  |  |  |

**10. Schedule template: Big Nix**

**KIWI SQUASH BIG NIX**

Term [x], [School Name], Kiwi Squash [Year]

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **School** | **Classes** | **Setting(s)** | **Timing** | **Coach / Volunteers** | **Club link or involvement** |
| *Name and location* | *Target year level(s) and number of/per class* | *Curriculum, after school, lunch time* | *Term and week numbers, day and time* | *Names* | *Club name and details on follow-up activity offer* |
|  |  |  |  |  |  |

**11. Budget template**

**INCOME**

*(KiwiSport Direct fund from schools, Kiwi Sport Local fund from RST (i.e. KickStart, Regional Partnership Fund), school contribution, District / Club contribution, sponsorship, participant fees, trust grants)*

|  |  |
| --- | --- |
| **Confirmed** | |
| Details | Total $ |
|  |  |
| **Anticipated** | |
| Details | Total $ |
|  |  |
| **In-Kind** | |
| Details | Total $ |
|  |  |
| **TOTAL** | **$** |

**EXPENSES**

|  |  |  |  |
| --- | --- | --- | --- |
| **Personnel (coaches, delivery staff, volunteers)** | | | |
| Details | Hourly rate $ | # of hours | Total |
|  |  |  |  |
| **Equipment** | | | |
| Details | Unit rate $ | Quantity | Total |
|  |  |  |  |
| **Travel** | | | |
| Details | KM rate $ | # of KMs | Total |
|  |  |  |  |
| **Facility Hire (e.g. squash courts, school hall, local gymnasium)** | | | |
| Details | Hourly rate $ | # of hours | Total |
|  |  |  |  |
| **Administration / Other** | | | |
| Details | Unit rate $ | # of units | Total |
|  |  |  |  |
| **TOTAL** | | | **$** |